

From: [Duncan-Cowichan Chamber](#)
To: Dwight@duncancc.bc.ca;
CC:
Subject: Duncan Chamber News Nov 26, 2010
Date: Friday, November 26, 2010 9:05:42 AM
Attachments: [duncan chamber do not delete!.jpg](#)
[mr mikes.jpeg](#)

Hello from The Duncan Chamber! If you don't want this e-mail [click here](#) and we'll fix it.

Duncan Chamber
News Nov 26, 2010 Happy
Friday!



Duncan-Cowichan
Chamber of Commerce



Yippee! My amazing link is new and is titled "pie making with goats" have fun with it..scroll down for the super fun link.

Mr Mikes is a great place for groups to meet over good food and great drinks. Close to town at Beverly Corners, excellent pricing and yummy food. www.mrmikes.ca

(Monthly click-through sponsorship available for \$35/month. Call us for details 250 748 1111)

Chamber News and Announcements

Duncan-Cowichan Chamber of Commerce AGM Dec 14th

Mark your calendars for the best AGM of the fiscal year! Presentations, reports and friends oh boy! Location is the BC Forest Discovery Center (that's the forest museum for you locals). Registration at 5:30 PM meeting is at 6:00 PM Appetizers will be provided. Good food with friends is as good as Christmas shopping, I say!

Black Tie Awards Committee ready for your nominations!

Now is the time to submit your nominations for recipients of the **Black Tie Excellence Awards**. Categories recognize outstanding Customer Service, Young Entrepreneur of the Year, Home Based Business of the Year, Volunteer of the Year, and Business Achiever of the Year. Nominate someone you know, do business with, your staff, or your self! (or nominate Dwight hee hee)

Complete regulations (very official) and the nomination form are at www.blacktieawards.com

New Members!

Affordable Bookkeeping Services (NEW)

Chris Nielsen has just joined our membership. Chris is easy to talk to and is super professional. Call her for all your bookkeeping and tax needs 250-597-8937 chrisniensensmith@telus.net !0% discount to new clients that are members of the Chamber of Commerce.

Real Results Training Fitness Bootcamp with Simon (NEW)

Simon at Real Results Is The only Boot Camp In The Cowichan Valley That Provides You With: 2 Weeks Free Trial, Rapid Fat Loss Nutrition Blueprint, Done-for-you Quick Cookbooks, Complimentary Grocery Trip and Kitchen makeover, a revolutionary Interval Training system that burns fat faster than ordinary exercise, 45 and 30 minute Express work outs. Simon offers 25% off Regular Monthly Membership to chamber members if you join before Dec 23, 2010
250 815 0158 www.duncanbootcamps.com

From, and for our Members: (That is you, FYI)

Cowichan Community Policing info..at your business! (NEW)

Reminder that the RCMP Crime Prevention member(s) will be available to meet with you at the Duncan CPO or at your place of business BY APPT on Thurs. Dec. 2nd. (30 minute time slots between 10-12noon) The November sessions were full - so if you would like to chat one-on-one with RCMP on a crime reduction issue or other problem you are having - please call 701-9145 to book an appointment.
Learn what you can do BEFORE you are a victim.

Got Stuff? Wanna be on TV? Have you seen the TV show American Pickers?

There is a Canadian version of the show being produced and the production company wants to come to Cowichan. The film crew will be in BC at the end of the month for 4 days...and if we can find enough "stuff" for them to pick through, they will come to Cowichan. Everybody benefits when a production company comes to town..so make sure you tell your friends that have all those antiques and collectibles squirreled away to call Jeff at 1 416 531 2500 ext 184 He is looking forward to hearing from you!

Remote (yet local) Computer Back up Services (NEW and check out the editor's note)

Paul Kleinschmidt of Axuda Backup Solutions in Mill Bay has the service to protect your business' critical data due to failure or disaster. Things happen that are out of our control such as hard drives crashes, fires and earthquakes. All of these can cause you to lose vital, business specific, data. For as little as \$10/ month you can keep your data safe and off site. Editor's note: I just had a hard drive crash and if were not properly backed up, it would have been a disaster! Don't say I didn't warn you..back up

your data! Call Paul 778 678 2755 paul@axuda.ca

It's Christmas time..in the valley...jingle bells...

Cowichan Valley Lavender Labyrinth Open for the Holidays (NEW)

Chris at CV Lavender Labyrinth is opening the shop for the Christmas Season: Wed to Sun 10 AM to 4 PM. www.cowichanvalleylavender.com 250 701 2885 [Here is a coupon for a free gift.](#)

Quw' utsun' Cultural Center Gift Shop open for the season:

Cathy at the Cultural Center sends along a note that the Gift Shop will be open Nov 17th to Christmas Eve, (Wed-Sat, 11AM- 5PM, offering a selection of knits, carvings, silver, jewellery and more!

Cowichan Tribes First Nations Craft fair Nov 26/27

Nov 26 4:30 PM to 8:00 PM, Nov 27 9:00 AM to 3:00 PM at the Quw'utsun' Cultural Center. Vendors selling carvings, jewellery, sweaters, prints and weaving. Vendor tables available 250 715 1022 Audrey George

Sue Coleman is hosting an Open Studio Nov 26/27/28 (New.and read closely) (NEW)

From 10 - 4 daily. Visit Sue at her studio 5378 Gore Langton Rd. Duncan, For more information email us at Sue@suecoleman.ca or Phone 250 748 8332 Be sure to mention you are a **chamber member and receive 15% off..**

Providence Farm Calendars, Christmas trees and Craft Fair..oh my!

Anne sent along a reminder that Providence Farm Calendars are available at the main office and General Store for \$15 or 10 for \$100. Great gifts supporting a great space! Order your Christmas trees for \$25 and pick up Dec 13th. Or you can do it all at the Christmas Craft Fair on Dec 4th Support Providence and enjoy local crafts, farm made products. lunch, Santa Photos, Hay Rides, Childrens' Activities and raffles! Editors note: rumour is that Dwight from Affinity Guesthouse will be driving the tractor for the hayrides..and he is *so much fun*..OMG!)

Early Christmas present to your foodie/healthy/cheffy friend

Let food be your medicine, even during the holidays. Cindy Dreger of Health-results.com is hosting a cooking and [health workshop](#) at **Affinity Guesthouse** Dec 12. Call 250 715-7743 for info www.health-results.com [click here for the poster](#)

Ladysmith Light Up is now Dec 2 (NEW)

Originally schedule for Nov 25, the light up has been postponed until Dec 2..see you there!

How about this for some amazing member collaboration: (you asked for training for your business.. here it is!)

The **Bellamy Learning Centre**, **Round Table Solutions** and **Dynamic HR Solutions** are proud to offer a series of practical, results-oriented training workshops designed to meet the unique challenges and needs of small business owners and their employees. Workshops start Nov 16 and offer a range of benefits: Increased Employee Productivity, Enhanced Business Competitiveness, Improved Communication Skills, Improved Employee Retention & Engagement
www.bellamylearningcentre.com or call 250-597-2298 Click for the [schedule](#), [Communication workshops](#), [Small business workshops](#) and [workshops by Ginger at Dynamic HR](#)

A Note from Viva Medical:

The holidays are creeping up fast, now's the time to address any skin concerns you may have. Free consults available 250-746-6512 You will be surprised at what we can do for you www.vivamedicalaesthetics.com

Edward Jones Coffee Club Dec 2

Join **Mike Watkins of Edward Jones** on Thursday, December 2nd at the **Cowichan Golf and Country Club**. He'll be discussing current markets, the stock and bond of the month, and Scott Verlun from Franklin Templeton Investments will be making his case for Global Equity over the next decade. The event runs from 10:00 am to 11:00 am, and of course, coffee and refreshments will be served. Please RSVP at (250) 746-8723 to reserve a seat.

Events and other fun happenings

Rocky Creek Winery Winemakers Dinner Nov 26th

Rocky Creek Winery announces another winemaker's dinner at the winery. November 26 at 6:00 PM, Rocky Creek winery will be having a candlelight dinner at the winery. It is our Harvest Celebration dinner paired with a 5 course meal catered by **Equinox Catering**. Menu is posted www.rockycreekwinery.ca. This is a chance to taste some of the wines that are now sold out and pairing our new release the Pinot Noir 2008. Tickets are \$99, all inclusive. Book now to reserve a spot. This is an intimate dinner with the appropriate Riedel glass per course. The winemaker, Mark Holford, will go through all the wines and even have a chance to taste some of our upcoming releases out of the barrels.

Biggest Little Christmas Party at Arbutus Ridge Dec 11 (NEW)

Our Biggest Little Christmas Parties are where small groups come together for one large Christmas party. We supply the food and entertainment and you supply the festive cheer. The date that we still have available is: Friday, December 3rd, 2010 and we are currently taking a wait list for Saturday, December 11th, 2010. The cost of this event is \$49.00 per person and includes Appetizers, A Grand Christmas Buffet with all your taxes and service charge and entertainment! And, they want you to get home safely. They even offer free pop to the drivers, free overnight parking or ask a team member to call you a cab or driving service.

Christmas Light Up in Memory: Wed, December 1, 6pm

Cowichan Valley Hospice send this: Join us in remembering a loved one who has died: light a bulb on the Cowichan District Hospital Christmas trees. A brief ceremony with words of comfort and music is followed by the tree lighting. Guests are then invited inside for hot drinks and seasonal snacks. Cowichan District Hospital, main entrance

Dwight's Amazing Link (NEW) Well, I am going out on a limb here a little..but I can't help it. This is a great clip titled "Pie Making with Goats" It is quite hilarious. The star is my sister, Sherry. A good laugh for sure! Sherry and I were raised by a pie making authority (our mom), and her baking legacy lives on (in a weird way!) <http://www.youtube.com/watch?v=mbvoE0cUcsg&feature=&p=25B487261E0AF24B&index=0&playnext=1>

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