

From: [Duncan-Cowichan Chamber](#)
To: Dwight@duncancc.bc.ca;
CC:
Subject: Duncan Chamber News Nov 5, 2010
Date: Friday, November 05, 2010 9:20:22 AM
Attachments: [duncan chamber do not delete!.jpg](#)
[mr mikes.jpeg](#)

Hello from The Duncan Chamber! If you don't want this e-mail [click here](#) and we'll fix it.

Duncan Chamber News Nov 5, 2010 Happy Friday!



Duncan-Cowichan
Chamber of Commerce



Hello everyone! Enjoy your day! D!

Everyone needs a little haven from their everyday world. A place to sit down, relax and let it all hang out. That's the concept behind the urbanlodge: Mr Mike's casual in-store bar. Check them out on Beverly Street for comfy furniture, great food, excellent beverages and real people. www.mrmikes.ca

In this issue: Mr Mikes, , Black Tie Awards Nominations are open, Spa Sanctuary, VIU, Hospice/United Way, Zuk Business Directory, Subsidized staff available, Mad Dog Crabs, Feel Good Fridays, Affinity Guesthouse, Walk for Alzheimer's, Live Edge Design Show, Used Book Sales, Chemainus Theatre, Merridale Cider, Rocky Creek Wine, Arbutus Ridge, Quamichan Inn, Vancouver Island Business Excellence Awards, Dwight's Amazing Link (**REALLY GOOD THIS WEEK!!**)

(Monthly click-through sponsorship available for \$35/month. Call us for details 250 748 1111)

Chamber News and Announcements

Black Tie Awards Committee ready for your nominations!

Now is the time to submit your nominations for recipients of the Black Tie Excellence Awards. Categories

recognize outstanding Customer Service, Young Entrepreneur of the Year, Home Based Business of the Year, Volunteer of the Year, and Business Achiever of the Year. Nominate someone you know, do business with, your staff, or your self! (or nominate Dwight hee hee)

Complete regulations (very official) and the nomination form are at www.blacktieawards.com

From, and for our Members: (That is you, FYI)

Spa Sanctuary Grand Opening Nov 6 (NEW)

Angela invites you to attend her Grand Opening of the Spa Sanctuary Nov 6 at Pioneer Square Mall 20-850 Shawnigan/Mill Bay Road. Nov 6 from 12 - 4 PM, Special gifts with \$100 purchases, discounts and free initial consultations, too, www.spasanctuary.vp.web.ca

A Note from VIU about how VIU can help your business. (NEW)

Training Builds Revenue: Don't forget to invest in your staff to increase job satisfaction, productivity and revenue. Topics include: Accounting, Business, Human Resources, Employment, Supervision, Conflict Resolution, Management and Leadership. Check into our scheduled courses or customize a course for your workplace. For more information, please call 1-866-734-6252 or see: <http://www.mala.ca/ccs/courses/business.asp> 250 746 3519

\$5,000 grant for employee training available: The Ministry of Advanced Education and Labour Market Development has a program initiative to provide training dollars to businesses and non-profits with less than 50 employees. <http://www.viu.ca/ccs/wtfi.asp>

United Way Feel Good Friday Wellness Clinic Nov 19th 10-3 (NEW)

Cowichan Valley Hospice is offering treatments by donation to the United Way. You deserve to feel good at the end of a long week! Come and be pampered in the Wellness clinic and experience a relaxing therapeutic touch, reiki, healing touch or other treatment, by donation to the United Way. 3122 Gibbins Road (Cowichan Valley Hospice) 250 701 4242

70 000 reasons to get involved Jan 30 2011

Ray at Investors Group has this message: This is your chance to make a difference for the more than 70 000 British Columbians who are living with Alzheimer's disease or dementia. The Alzheimer Society of BC needs Volunteers now to help organize the annual Investors Group Walk for Memories Jan 30 2011. For info contact Ray Sapergia, Volunteer Chair, 250 746 6734 ray.sapergia@investorsgroup.com

The Zuk Business Directory

Zuk Design would like to remind Chamber members how important it is to have a professional business card when networking your business. And we offer a BONUS when Zuk Designs your business card: your card is included in their online "[Zuk Directory](#)" for FREE : your business card will be up on the Net for the whole world to see and will be searchable even if you don't have a website, and includes link directly to your email or your website. It's just one of the little added things Patricia does for her clients. <http://www.zukdesign.com>

zukdesign.ca/

Do you need temporary help or vacation coverage? (Subsidies available)

Shirley at Experience works has 10 participants that are looking for work placements for the month of November. Part time or full time help is offered from the 50-plus (years, that is) participants in a variety of backgrounds from trades to admin and more. Wage subsidies of 50% offered, or for non-profits, full subsidies are offered. 250 714 0471 shirley.phillips@ethoscmg.com

Mad Dog Crabs (NEW)

Scott and Katie are taking a "family break Nov 6-16th. (Talk about a local family business!) Be sure to stop in and grab some Black Cod Fillets to hold you over until the store opens again. They are on Canada Avenue and worth stopping in!

Feel Good Fridays! This is a super fun initiative from the Cowichan United Way)

From Jemma at United Way: Feel Good Fridays is the exciting new Fundraising Strategy of Cowichan United Way. The premise is simple: We know that people give more generously when they are giving to themselves. On Feel Good Fridays, we encourage everyone in the Cowichan Region to do something nice for themselves. At the same time, we ask local businesses to make a pledge to Cowichan United Way. (editor's note: this is a great opportunity for businesses to support United Way: Not a silent auction item, not a gift certificate, but an actual sale from a real customer. Web links and promotion to locals, for locals. Well done with this initiative, Gemma!) <http://cowichanunitedway.wordpress.com/feel-good-fridays/>)

Make Fire Without Matches at Affinity Guesthouse (Super Cool!, well actually it gets hot)

That isn't some a marketing catch phrase, or a euphemism for the saying making sugar out of~ I am serious: there is a fire making workshop at **Affinity Guesthouse** on Nov 21st noon to 3:00 PM Cost is \$25. Learn how to make fire with the traditional string and bow method in any conditions: that is a *true* west coast wilderness skill. Show your gortex clad buddies what a real outdoor person needs to know! Incidentally, the fire making workshop comes with an organic meal, and is a fundraiser for the Thailand Wilderness Exchange, but that is just a bonus..learn to make fire..now that's cool! Call me at 250 748 7430 for tickets stay@affinityguesthouse.ca

Events and other fun happenings

Live Edge Design RE: Purpose show this weekend!

Visit John and his staff at The Live Edge RE: Purpose Show at November 5 - 7, 10am - 4pm at their studio 5195 Mearns Road www.liveedge.com

Used Book Sale at Cowichan Newsleader Pictorial Nov 6, 9AM- 3PM

Come and see the thousands of books we have received to help support our Pennies for Presents

campaign. Books for all ages and all interests. \$1 per paperback, \$2 per hardcover. Are you going traveling? Need some self guidance? Want to invest in some great books for your kids, or maybe just need some new reading material? This is the place to be on November 6th. All proceeds stay in the Cowichan Valley. Come and help support Pennies for presents 2010 our goal this year is to raise more than \$13250.00 office@cowichannewsleader.com

Travel Back in Time to The Roaring Twenties! Nov 6

David Pink of Chemainus Theatre Foundation sends this note: Join us at Chemainus Theatre on Saturday, November 6th, 2010 at 6:30 PM, for what promises to be a magical evening that will tantalize, entertain and delight you at every turn. (click [here](#) for more info)

Merridale Cider Sip, Sample, Spa and Shop Annual United Way Fundraiser Nov 20th

This note from Julie at Merridale: Join us for the 2nd annual fundraiser for the Cowichan United Way this November 20th from 12 – 4pm. Last year over 200 guests poured through the doors to sample their way around the room while shopping for the festive season from a selection of drinks, culinary treats, and artisanal giftware. Tickets are only \$15 and all proceeds go to the food bank. Indulgence never felt so good! Averill Creek, Silverside, Mooberry, Venturi-Schulze. Enrico Winery and 22 Oaks have confirmed and more are to come. <http://www.merridalecider.com/calendar/#November>

Rocky Creek Winery Winemakers Dinner Nov 26th

Rocky Creek Winery announces another winemaker's dinner at the winery. November 26 at 6:00 pm, Rocky Creek winery will be having a candlelight dinner at the winery. It is our Harvest Celebration dinner paired with a 5 course meal catered by **Equinox Catering**. Menu is posted www.rockycreekwinery.ca. This is a chance to taste some of the wines that are now sold out and pairing our new release the Pinot Noir 2008. Tickets are \$99, all inclusive. Book now to reserve a spot. This is an intimate dinner with the appropriate Riedel glass per course. The winemaker, Mark Holford, will go through all the wines and even have a chance to taste some of our upcoming releases out of the barrels.

Speedway Motors Grey Cup Tournament of Prizes at Arbutus Ridge Golf Club Nov 28

Richard at Arbutus Ridge sends this note: Vancouver Island's most rewarding golf tournament is back for another year on Sunday, November 28th at Arbutus Ridge Golf Club. The event offers over **\$20,000 in prizes**, the chance to win a Porsche for a weekend or even to **KEEP** if you win the "Porsche Shootout". After golf enjoy the **Grey Cup Party** on multiple big screens with an amazing buffet dinner. **Everyone wins a Prize!** This event sold out last year so get your entries in quickly! [Details](#)

Quamichan Inn Christmas Dinners (yikes, already?)

Colleen at Quamichan Inn is taking reservations for Christmas already. Yikes! The new year will be here soon! Saturday December 25 Christmas Brunch Buffet served from 10AM–2 PM Dinner Buffet 5-8 PM \$35.00 Adults ~ Senior's \$30.00 ~ Kids 10 – 17 \$16.95 ~Children 5 – 10 \$10.95 ~ Age 0 – 5 free Sunday December 26 Boxing Brunch Buffet served from 10 – 3 PM \$19.95 Adults ~ \$16.95 ~ Senior's ~ Kids 10 – 17 \$14.95 ~Children 5 – 10 \$9.95 ~ Age 0 – 5 free 250 746 7028 <http://thequamichaninn.com>

Vancouver Island Business Excellence Awards Jan 27th, 2011

An [invitation](#) to The 11th Annual Vancouver Island Business Excellence Awards has registered over 250 Nominations this year. The VI BE Awards are scheduled for January 27th 2011 at the Vancouver Island Conference Centre at 6pm. For tickets and more information please visit www.businessvi.ca/beawards

Dwight's Amazing Link This is one of my favourite TED talks...and it is business related..so don't feel bad about watching at work. This is 20 minutes that may change your entire outlook on business, staff and even the world. No kidding...click it..I dare you.

http://www.ted.com/talks/lang/eng/dan_pink_on_motivation.html

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